

# Springfield

# Class Timetable



Springfield: (07) 3470 4221 [SGFit@studentguild.com.au](mailto:SGFit@studentguild.com.au)

**Monday: BOOTCAMP** 4:00pm - 4:50pm

**Tuesday: PILATES** 4:00pm - 4:50pm

**Wednesday: BOOTCAMP** 4:00pm - 4:50pm

**Thursday: YOGA** 4:00pm - 4:50pm

